



Chahoya   
SPA  
by L'OCCITANE

# The escape begins with scent

From the moment you enter Chahoya Spa by L'OCCITANE, the fragrances transport you to Provence. Prior to your treatment, you are greeted with a "Welcome Ritual"; a footbath performed with our Aromachologie Effervescent Sugar Cubes.

Your experience then takes you on a true journey, sequenced at every step by soothing or energising aromas.

The voyage of the senses continues through gestures, sensorial textures, relaxing music, and the herbal teas inspired by Provençal traditions.



Chahoya Spa by L'OCCITANE presents an entire sensory journey beginning with the name. 'Chahoya' is Japanese for pamper, and stems from Broome's Japanese pearling history.

The walls of the spa are adorned with the Dreamtime Series by Sir Sidney Nolan, one of Australia's most significant and internationally acclaimed artists. The series is based on themes derived from Australian history of the Dreamtime spirits who fashioned the earth and created all living things.

These century-old spiritual beliefs align with the natural synergies of L'OCCITANE and their century-old Provencal rituals, creating their natural formulas. The cabin names reflect the setting of Australian Dreamtime with the essence of L'OCCITANE.

**Chahoya Spa by L'OCCITANE features seven cabins:**

Dreamtime Immortelle, Dreamtime Lavender, Dreamtime Almond, Dreamtime Shea, Dreamtime Akuna, Nolan Cabin and Kimberley Cabin (Dreamtime Akuna is the name of our Vichy Cabin; Akuna is the Aboriginal meaning of flowing water).

We have double and single treatment rooms available. Should you wish to have your treatment in the same room as your friend or partner, please enquire at time of booking.

“Chahoya  
is Japanese  
for pamper.”

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# Spa Etiquette

## APPOINTMENT POLICY

Chahoya Spa by L'OCCITANE is by appointment, and we recommend you book appointments in advance to secure your preferred date, time and treatment. We may request credit card details at time of booking.

## CANCELLATION POLICY

We understand that sometimes you need to change your schedule. We kindly request 24 hours notice to cancel or amend an appointment or we regret that 50% of the fee may be charged.

## SPA ETIQUETTE

We ask that you arrive 15 minutes prior to your treatment. This allows you time to check-in, enjoy refreshments, complete your consultation form and relax. Please respect the quiet and privacy needs of other guests by turning off your mobile phone.

## YOUR COMFORT

Once in your treatment room, your therapist will advise which clothes to leave on, ensuring your privacy is maintained at all times. We will provide you with a robe, slippers and disposable underwear wherever required. We politely request underwear be worn at all times.

In the interest of health and safety for our spa guests and therapists, we reserve the right to refuse treatment in the case of infectious skin conditions or contagious illness. If unsure, please enquire at time of booking.

# Spa Etiquette

## YOUR TREATMENT NEEDS

For your utmost safety and comfort, please let us know if you are under the care of a doctor, or other alternative practitioner. In particular, please inform us if you are pregnant or have any allergies or health conditions so we can modify the treatment to your needs.

## PAYMENT OPTIONS

We accept cash, EFTPOS, Visa, MasterCard, Amex and Diners Club. Please note a 1.5% surcharge applies to credit card transactions. Alternatively, you are welcome to charge directly to your room when staying with us at Cable Beach Club Resort & Spa.

## ADULTS ONLY SANCTUARY

In the interest of all spa guests, Chahoya Spa by L'OCCITANE is an adults only retreat. Children 16 years and under are not permitted.

## CHOOSING TREATMENTS

Our Spa Consultants will be happy to assist you in creating an individualised Chahoya treatment experience.

If you are pregnant, please contact the Spa for advice on treatments that are safe to enjoy during pregnancy.

# Facials

## IMMORTELLE DIVINE SECRET TO EVERLASTING YOUTH – 90 MIN – \$195

The absolute treatment against skin-slackening for the face and neck, as well as the décolleté area. This exceptional anti-aging facial combines the regenerating actions of organic Immortelle essential oil with Myrtle essential oil to boost cellular youth, and draining and contouring massage techniques to help deeply rejuvenate the dermis. The result is divine: deep wrinkles are relaxed, fine lines are smoothed, face contour is firmer and the décolleté becomes smooth and satin soft again. The skin looks distinctly younger.

## IMMORTELLE SECRET OF YOUTH – 60 MIN – \$145

From the L'OCCITANE plantations in Corsica comes a treatment rich in organic Immortelle essential oil to stimulate cell renewal and collagen synthesis. The technique: a lifting and firming massage combined with stimulation of acupressure points, to improve micro-circulation and relieve muscular tension responsible for fine lines.

## IMMORTELLE SECRET TO BRIGHTNESS – 60 MIN – \$145

A high-precision treatment to combat the effects of time and sun exposure, and reveal a bright, luminous complexion. To correct and prevent the appearance of dark spots, the lifting treatment with Immortelle is combined with a formula enriched with Bellis Perennis.

## ANGELICA FOUNTAIN OF GLOW – 60 MIN – \$140

To deliver ideal moisture this refreshing facial incorporates two organic Angelica extracts – water and essential oil. Their patented complex helps the skin regain its natural vitality and suppleness. Featuring our signature drainage face massage sequence, it leaves the skin smoother, re-plumped and more radiant... purely glowing with beauty!

# Facials

## SHEA NOURISHING COMFORT – 60 MIN – \$140

Produced by the women of Burkina Faso using traditional methods, shea butter repairs, moisturises and restores balance to dry or overworked skin. Massage further heightens these properties and stimulates micro-circulation.

## INSTANT BEAUTY FACIAL – 30 MIN – \$85

Express Beauty includes careful cleansing and exfoliation, followed by our signature face massage, to stimulate micro-circulation and prepare skin for the treatment mask to follow. All formulas are carefully chosen to meet your skin needs.

## IMMORTELLE SECRET OF YOUTH DUO – 90 MINS – \$200

(Face & Eyes)

This duo treatment for face and eyes addresses anyone concerned by signs of tiredness and lack of smoothness. Compared to our regular facials, it focuses more specifically on the eye contour, with longer and more detailed massage on this area that is so sensitive to the ageing process. By stimulating specific acupressure points on the eye contour, the massage will boost micro-circulation and promote smoothness and freshness. And for greater relaxation, this duo treatment also includes an additional scalp massage. Your skin will be left smoother and firmer, and your eyes will look rested, fresher and younger... like after a good night's sleep!

# Body Massage

## RELAXING AROMACHOLOGIE MASSAGE – 60 MIN – \$135

Swedish effleurage strokes combined with Aromachologie essential oils – lavender, sweet orange, rosemary, bergamot, mandarin – come together to stimulate circulation and ease tensions. Ensures complete relaxation of the body and mind to create a truly calm feeling; sleep can come more easily.

## LAVENDER MASSAGE – 60 MIN – \$145

Fine Lavender from Haute-Provence, with its well-known calming benefits, are fused with a blend of traditional massage techniques – Balinese, Swedish, and Chinese. They all come together to comfort the body and bring calm and tranquillity to the mind. Stress and anxiety fade away to achieve a pleasant state of peacefulness.

## ALMOND DETOXIFYING BALANCE (Lymphatic Drainage) – 60 MIN – \$145 (FEMALE CLIENTS ONLY)

Inspired by lymphatic-drainage massage techniques, this massage boosts circulation and helps rid the body of toxins. The Supple skin oil, using a combination of almond and camelina oil, rich in omegas, leaves your skin feeling firmer and nourished. This massage is perfect to assist with fluid retention and removing toxins.

## RELAXING BACK AND SHOULDERS MASSAGE – 30 MIN – \$85

An instant relaxing treat to get a first taste of our signature body experience, and release tensions located in the shoulders and back area.

# Body Massage

## PREGNANCY MASSAGE – 30/45/60 MIN – \$85/\$115/\$135

Soothing relaxation (Swedish) massage customised to your pregnancy, with a pregnancy insert for you to lie comfortably throughout.

(Massage is not suitable for women in their first trimester of pregnancy.)

## HOT STONE MASSAGE – 90 MIN – \$195

Comforts, de-stresses and melts muscle tension; the sensation of smooth, warm stones massaged over the body with L'OCCITANE Aromachologie essential oils.

## DEEP TISSUE INTENSE RELIEF – 30/60/90 MIN – \$90/\$145/\$200

This protocol combines Hawaiian Lomi Lomi massage, acupuncture and gentle stretching. A deep tissue massage and revitalising essential oils ease muscular tension, with a focus on the back, shoulders and nape of the neck. Perfect for those who prefer a firm massage.

## SHEA FABULOUS MASSAGE – 90 MIN – \$190

A truly holistic massage that treats the whole body and face, for a complete well-being experience. It combines slow, soothing gestures with the fabulous properties of Shea butter.

The comforting movements of the Balinese and Swedish techniques, gently applied all over the body and face, come together with the generous formula of Shea Fabulous Oil for body and hair. Enriched with 5% pure Shea oil, and various plant oils (sunflower, baobab, carrot), it helps deliver unique nourishing, repairing and protecting benefits to the skin in a soft lightweight texture.

All at once, the skin is transformed and the body deeply soothed. You feel truly comforted; your mind reaches a peaceful state of tranquillity.



# Body Polish & Body Wraps

## ALMOND RESHAPING BODY WRAP – 45 MIN – \$120

An expert body wrap to tone the skin, stimulate fat release and promote toxin elimination. Almond tree bud extract, rich in flavinoids to drain excess fluids, is associated to a plant-based complex and Almond proteins to firm the skin and redefine body contours. While the wrap is on, a relaxing foot and scalp massage promotes a feeling of complete well-being.

## SHEA ULTRA RICH SOFTENING BODY WRAP – 45 MIN – \$120

Repairing care for very dry, sun-damaged or overworked skin. While the entire body soaks up active ingredients that nourish (shea butter and grape seed oil), moisturise (honey extracts) and soften (marshmallow), a foot and scalp massage ensures a moment of pure relaxation.

## ALMOND FIRMING BODY SCRUB – 45 MIN – \$115

A delicious texture of almond butter and almond oil, infused with crushed almond shells and sugar crystals, offers a gentle, yet effective, exfoliation of the entire body. Skin is left smooth and soft, delicately fragranced with the crunchy note of fresh Almond and prepared for a treatment or massage.

## SHEA NOURISHING BODY SCRUB – 45 MIN – \$115

A soft creamy texture, enriched with shea butter, apricot oil and finely ground nutshells, this scrub offers gentle, yet effective, exfoliation leaving skin velvety smooth and supple, perfectly prepared for a treatment or massage.

## COMBINE YOUR CHOICE OF SCRUB AND WRAP – 90 MIN – \$200

ADD ON VICHY RAIN SHOWER TO YOUR SCRUB OR WRAP – 30MINS – \$100

# Complementing Treatments & Add Ons

LEG REFRESHER WITH ESSENTIAL OILS – 30 MIN – \$85

A treatment for summer or travelling, for rough feet and heavy or restless legs. For the legs: a massage that stimulates drainage. For the feet: a massage with Shea butter to nourish the skin.

## Complementing Add On Treatments

Before, after or during a treatment, discover a few additional pleasures created by Spa L'OCCITANE for her and for him.

HEAD MASSAGE – 15 MIN – \$30

THERAPEUTIC FOOT MASSAGE – 15 MIN – \$30

LEAVE-IN REPAIRING HAIR TREATMENT – 15MIN – \$40

FACE MASSAGE – 15 MIN – \$40

BODY BRUSHING – 15MIN – \$30

# Treatment Sets

SUMMER RAIN, WELL-BEING HEAD-TO-TOE – 150 MINS – \$320  
(Massage, Body Scrub, Wrap, Hair & Vichy)

Our complete ultimate pampering experience for the body: treating from head-to-toe.

This treatment includes a full body relaxation massage, body scrub and wrap. You will be receiving the hair treatment under a lukewarm cascade shower that gently activates the seven chakras, which are key energy centres in Asian traditions.

You will leave the Spa deeply relaxed, refreshed and invigorated. A must try head-to-toe package!

PROVENÇAL DETOXIFYING CURE (FEMALE CLIENTS ONLY) – 120 MINS – \$280  
(Almond Scrub, Wrap & Massage)

The combined benefits of the almond scrub and wrap perfectly complement the effect of the lymphatic-drainage massage techniques.

This detoxifying body treatment will help reduce excess fluid storage in tissues, as well as promote the elimination of toxins, which can be responsible for feelings of tiredness.

After two hours of total indulgence, your whole body will feel lighter and re-invigorated!

JOURNEY TO PROVENCE – 120 MINS – \$250  
(Facial & Body Massage)

Enjoy 60 minutes of relaxing Aromachologie body massage based on Swedish effleurages, Chinese acupressure points and long kneading Balinese movements. Afterwards, L'OCCITANE customised 60 minute complete facial will leave your skin glowing with youth and radiance. Your face and body will be left feeling deeply rejuvenated! This treatment experience will bring you to a deep level of relaxation and leave your body and mind totally rested.

# Treatment Sets

MEDITERRANEAN VOYAGE – 90 MINS – \$200

(Body Scrub & Massage)

This shea ultra-moisturising treatment begins with a shea nourishing scrub containing shea butter and walnut shell powder to gently remove dead cells and smooth the skin. The experience then continues with our Aromachologie Relaxing Massage. As a result, your body is left satin-soft... entirely renewed!

## Signature Treatment Sets

CHAOYA DREAMTIME – 120 MINS – \$290

(Scrub, Wrap & Massage)

Inspired by the Kimberley, our signature treatment has been developed with Kakadu Plum sourced from the local indigenous community Lombadina. The Kakadu Plum is the world's highest source of vitamin C, giving it properties to stimulate collagen for firming, brightening and rejuvenation.

The treatment begins with a shea scrub fragranced with the heavenly Kakadu Plum. Enjoy a foot and scalp massage as your body absorbs the native extracts and nourishing properties of a Kakadu shea wrap, moisturising dry and damaged skin. Complete your indulgence with a 60 minute full body relaxation massage. Skin is left soft, brighter and deeply nourished. The whole body feels replenished!

(For the complete sensory experience, add a customised express facial for \$50).

# Men

Almost all of our treatments can be enjoyed by our male clientele, but here are a few treatments that are especially for him.

## CEDRAT VIVIFYING SKINCARE FOR MEN – 60 MIN – \$140

This facial is designed to meet the specific needs of men's skin. The cedrat energising pulp and revitalising extract are captured in fresh and light textures to awaken tired complexions. Combined with our signature drainage massage sequence stimulating the microcirculation and promoting the elimination of toxins, this treatment leaves the skin instantly mattified, moisturised and re-energised.

## REVITALISING AROMACHOLOGIE MASSAGE – 60MIN – \$135

This massage combines gentle techniques with the properties of orange, grapefruit, mint, lemon and rosemary essential oils. Feelings of fatigue and weakness simply melt away.

## DEEP TISSUE INTENSE RELIEF – 60MIN – \$145

This protocol combines Hawaiian Lomi Lomi massage, acupressure and gentle stretching. A deep tissue massage and soothing essential oils ease muscular tension, with a focus on the back, shoulders and nape of the neck. Perfect for those who prefer a firm massage.

## MEN'S PEDICURE – 60 MIN – \$110

Includes nail shaping, cuticle care, exfoliation and soak, spa massage, head massage and foot mask.



# Manicure & Pedicure | Waxing

We use professional OPI products in conjunction with L'OCCITANE rituals.

SPA MANICURE – 60 MIN – \$100

SPA PEDICURE – 60 MIN – \$110

Includes nail shaping, cuticle care, exfoliation, massage, treatment mask, head massage and nail lacquer application.

If you require any of the following please enquire on availability at time of booking:

- 🌿 French finish – additional 15min – \$10
- 🌿 GelColor polish – additional 15min – \$15
- 🌿 GelColor French finish – additional 15min – \$15
- 🌿 GelColor/Shellac removal – additional 15min – \$10

\* To allow your toenail polish to dry, we recommend wearing appropriate footwear to your pedicure treatment. In the interest of health and safety please do not book from this section if you have a fungal infection.

## WAXING/TINTING

Legs, arms, underarm, bikini, brazilian and facial. Price on application.

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**Cable Beach Club**

RESORT & SPA

